Successful Teletherapy Sessions: During COVID and Beyond

Betsy Moog Brooks, EdD, CED, LSLS Cert. AVEd.

Tabitha Holtmeyer, MA, CED, LSLS Cert. AVEd.

The Moog Center for Deaf Education

St. Louis, Missouri

Disclosures

- Financial
 - We both receive a salary from the Moog Center for Deaf Education

- Non-Financial
 - No disclosures



Managing the Set-Up

• Child placement

Quiet space

Regarding the device



Talk to the Parents about Being Prepared

- Activities
 - Have activities ready to go
 - Have multiple activities depending on the length of the session

- Goals/Objectives for the Child
- Goals/Objectives for the Parent



Explanation of Activities

- Age appropriate
- An activity that lends itself to practicing the goal
- Activity the child likes
 or the parent/caregiver likes doing with the child
- Activity/Toy for which the parent/caregiver is not sure about how to elicit language



Explanation of Goals for Child and the Parent/Caregiver

- Factors to consider for the child
 - Age
 - Language Level
 - General Development
- Factors to consider for the Parent/Caregiver
 - Current skills set
 - Needs and interests



Coach During the Session

• Provide Positive Comments

Give Suggestions



Reflection and Feedback

• Provide parents an opportunity to talk about what went well, what didn't go well, changes parent would like to make

• Provider comments in response to parent's reflection



Follow-Up Note

- List of activities that parent did with child
- State goals for child
- State goals for the parent
- Examples of language modeled by parent
- Examples of language produced by child (imitated, prompted, spontaneous)
- Comments regarding what went well
- Comments suggesting changes for next time
- Potential activities for reinforcing goals during the week
- Potential activities for the next session



Contact Information Betsy Moog Brooks and Tabitha Holtmeyer

- Phone: 314-692-7172
- email: bbrooks@moogcenter.org
- email: tholtmeyer@moogcenter.org

- Website: moogcenter.org
- Facebook: The Moog Center for Deaf Education
- Twitter: #moogcenter
- Instagram: moogcenter

